



2020 MVAC CANTEEN PRICE LIST – WINTER MENU

All foods are vegetarian

*Prices are subject to change without prior notice

*Please place orders between 8:30-10:00 am to avoid disappointment

BREAKFAST MENU

Egg & Cheese Muffin	\$3.00		
Hashbrown	\$1.50	Toasties	
Hot Chocolate	\$2.50	Cheese	\$2.00
		Cheese & tomato	\$2.50
Meal Deal – All three items \$6.00			

LUNCH MENU

MONDAY

Vegetarian Pie	\$4.00
Sweet Potato Jacket with bean mix	\$5.00

TUESDAY

Fried Rice	\$5.00
Spinach & Feta slice with side salad	\$5.00

WEDNESDAY

Lasagne	\$5.00
Pizza Slices	
Cheese	\$3.50
Vegetarian Sml	\$4.00

THURSDAY

Indian Curry & Roti	
Sml	\$3.50
Lge	\$5.00
Stir Fry Noodles	
Sml	\$3.50
Lge	\$5.00

FRIDAY

Gluten Steak Burger (with Salad, tomato, onion, beetroot & cheese)	\$5.50
Homemade Sausage Roll	\$4.00
Wedges with sour cream	\$5.00

RECESS MENU

MONDAY

Toasties	
Cheese	\$2.00
Cheese & tomato	\$2.50
Cheese & onion	\$2.50
Garlic bread (2 Slices)	\$1.50

TUESDAY

Spring rolls	3 for \$2.00
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WEDNESDAY

Toasties	
Cheese	\$2.00
Cheese & tomato	\$2.50
Cheese & onion	\$2.50

THURSDAY

Pastizzi (Ricotta & Spinach)	
(Sml)	\$1.00
(Lge)	\$1.50

FRIDAY

Hash brown	\$1.50
Muffin with cheese & baked beans	\$2.50
Muffin with cheese & spaghetti	\$2.50



MOUNTAIN VIEW ADVENTIST COLLEGE

Sandwiches:

Egg	\$3.00
Egg & lettuce	\$3.50
Cheese & tomato	\$3.50
Cheese	\$2.00
Honey	\$2.00
Vegemite	\$2.00

<u>Seasonal Fruit</u>	\$1.00
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Snacks:

Banana bread	\$2.50
Gingerbread (Gluten Free)	\$2.00
Koala popcorn	\$2.00
Sea salt chips	\$1.50
Grain waves	\$1.50
Rice sticks	\$1.00
Noodle snacks	\$1.00
2 Minute Noodles (Chicken)	\$2.50

Sauces:

Tomato & BBQ	\$0.30c
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Drinks:

Apple juice (350ml)	\$3.00
Orange juice (350ml)	\$3.00
Aloe Vera drink (Peach/Lychee/Natural)	\$2.50
Glee sparkling fruit juice	\$2.20
Just Juice (200 ml) (Apple/Orange)	\$1.50
Water (600ml)	\$2.00
Coconut Water	\$2.50

Milk:

Nippys milk (600m) (Chocolate & Strawberry)	\$3.50
Nippys tetra (250ml) (Chocolate & Strawberry)	\$2.50
Up & Go (250ml)	\$2.50

Ice blocks:

Jelly Sticks	\$0.25
Ice Mony	\$1.00
Sorbet Tubes	\$2.00
Snap Stix	\$1.00
Chocolate Milk Moosies	\$1.50
Frozen Juice Cup (Apple & Orange)	\$1.00
Frozen Juicy Tubes (Lemonade & Lime)	\$2.00

Please note:

Write your child's name and class on a paper bag, place money into the bag and secure it by folding.

Please use Australian currency only.

Thank you for your cooperation